

Who should get the Seasonal Influenza Vaccine? <http://www.cdc.gov/FLU/protect/keyfacts.htm>

- In general, people who want to reduce their chances of getting seasonal flu can get a seasonal influenza vaccine.
- However, it is recommended by the Advisory Committee on Immunization Practices (ACIP) that certain people get vaccinated each year. They are either people who are at high risk of having serious seasonal flu-related complications or people who live with or care for those at high risk for serious seasonal flu-related complications.
- Children aged 6 months up to their 19th birthday
- Pregnant women
- People 50 years of age and older
- People of any age with certain chronic medical conditions:
 - Asthma, COPD, other respiratory conditions
 - Diabetes
 - Immune suppressed like chronic steroid medicine use, HIV, chemotherapy, had transplant
 - Heart problem (hypertension or high blood pressure does not count)
 - Dementia, stroke, mental retardation
 - Kidney disease
 - Liver disease
 - Blood disease like sickle cell, leukemia
- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including:
 - Health care workers
 - Household contacts of persons at high risk for complications from the flu
 - Household contacts and out-of-home caregivers of children less than 6 months of age (these children are too young to be vaccinated)